

## GC Tooth Mousse

TOPICAL CREAM WITH BIO-AVAILABLE CALCIUM AND PHOSPHATE

For use by or under the supervision of a dental professional in the recommended indications.

**Description**  
GC Tooth Mousse is a water based cream containing RECALDENT™\* (CPP-ACP). Casein Phosphate - Amorphous Calcium Phosphate. When CPP-ACP is applied in the oral environment, it will bind to biofilms, plaque, bacteria, hydroxyapatite and soft tissue localising calcium and phosphate.

**Important:**

Saliva will enhance the effectiveness of CPP-ACP and the flavour will help stimulate saliva flow. The longer CPP-ACP and saliva are maintained in the mouth, the more effective the result.

**A topical paste containing bio-available calcium and phosphate**

1. Provides extra protection for teeth.

2. Helps neutralise acid challenges from adenosine bacteria in plaque.

3. Helps neutralise acid challenges from other internal and external acid sources.

**CONTRAINDICATIONS**

RECALDENT™ (CPP-ACP) is derived from milk casein. Do not use this material on patients with a proven or suspected milk protein allergy and/or with a sensitivity or allergy to benzotone preservatives.

**DIRECTIONS FOR USE**

**INDICATIONS:**

a. Preventing following in-office bleaching.

b. After ultrasonic, hand scaling or root planning.

c. Following professional tooth cleaning (P.T.C.).

d. After application of topical fluoride.

e. To provide a topical coating for patients suffering from erosion.

f. During orthodontic treatment.

g. For high risk caries patients.

h. For special needs patients.

**In-office application:**

1. Custom tray application

2. Before use rinse the custom tray thoroughly under running water.

3. Extract a thin layer of GC Tooth Mousse into the tray and apply to the upper and / or lower teeth.

4. Leave the tray undisturbed in the mouth for a minimum of 3 minutes.

5. Remove the tray.

6. Instruct the patient to use the tongue to spread the remaining GC Mousse throughout the mouth. Instruct the patient to retain for as long as possible (1 – 2 minutes) avoiding expectoration and delaying swallowing. The longer GC Tooth Mousse and saliva are maintained in the mouth, the more effective the result.

7. Ask the patient to expectorate and if possible avoid rinsing. Any GC Tooth Mousse remaining on the surface can be left to gradually dissipate. Advise the patient not to eat or drink for 30 minutes following application.

8. Any residual GC Tooth Mousse in the tray should be rinsed or brushed off under running water immediately after use.

**II. Non tray application:**

1. If necessary, remove any excess saliva on the tooth surface with a cloth or roll. However, it is NOT necessary to dry the teeth with compressed air.

2. Apply a sufficient amount of GC Tooth Mousse to the tooth surfaces using an application swab, gloved finger or in difficult interproximal areas using an Interproximal Tooth Cleaning Brush.

3. Instruct the patient to use the tongue to spread the remaining GC Mousse throughout the mouth. Request the patient to remain for as long as possible (an additional 1 – 2 minutes) avoiding expectoration and delaying swallowing. The longer GC Tooth Mousse and saliva are maintained in the mouth, the more effective the result.

4. Ask the patient to expectorate and if possible avoid rinsing. Any GC Tooth Mousse remaining on the surface can be left to gradually dissipate. Advise the patient not to eat or drink for 30 minutes following application.

**III. Day time application after tooth brushing as recommended by a dental professional:**

1. Apply a sufficient amount of GC Tooth Mousse to the upper and lower teeth. A pea size amount for each arch is the minimum required.

The tooth should be applied to the tooth surfaces using a clean dry finger or cotton tip. For difficult areas (between the teeth) use an Interproximal Tooth Cleaning Brush or dental floss coated with GC Tooth Mousse.

2. Leave GC Tooth Mousse on the teeth undisturbed for a minimum of 3 minutes.

3. Then use your tongue to spread the remaining GC Tooth Mousse throughout the mouth. Hold in the mouth for as long as possible (a further 1 – 2 minutes) avoiding expectoration (spitting out) and delaying swallowing. The longer GC Tooth Mousse and saliva are maintained in the mouth, the more effective the result.

4. Expectorate thoroughly and if possible avoid rinsing. Any GC Tooth Mousse remaining on the surface can be left to gradually dissipate overnight. Do not eat or drink for 30 minutes following application.

**IV. Night time application after tooth brushing as recommended by a dental professional:**

1. Apply a sufficient amount of GC Tooth Mousse to the upper and lower teeth. A pea size amount for each arch is the minimum required.

The tooth should be applied to the tooth surfaces using a clean dry finger or cotton tip. For difficult areas (between the teeth) use an Interproximal Tooth Cleaning Brush or dental floss coated with GC Tooth Mousse.

2. Leave GC Tooth Mousse on the teeth undisturbed for a minimum of 3 minutes.

3. Then use your tongue to spread the remaining GC Tooth Mousse throughout the mouth. Hold in the mouth for as long as possible (a further 1 – 2 minutes) avoiding expectoration (spitting out) and delaying swallowing. The longer GC Tooth Mousse and saliva are maintained in the mouth, the more effective the result.

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2. Leave GC Tooth Mousse on the teeth undisturbed for a minimum of 3 minutes.

3. Then use your tongue to spread the remaining GC Tooth Mousse throughout the mouth. Hold in the mouth for as long as possible (a further 1 – 2 minutes) avoiding expectoration (spitting out) and delaying swallowing. The longer GC Tooth Mousse and saliva are maintained in the mouth, the more effective the result.

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DENTÁLNÝ KRÉM NA LOKÁLNUJÚCU APLIKÁCIU V ÚSTACH S OBSAHOM VOLNE DOSTUPNÉHO VAPNÍKA A FOSFÁTU

Na použitie len v stomatologickej praxi v doporučených indikáciach.

**Charakteristika**

GC Tooth Mousse je krém na báze vody, ktorý obsahuje RECALDENT™ \* (CPP-ACP), fosfopeptid-amorfický kalcium. Ko vnesete CPP-ACP v ústku dobrovoľne sa bude kremík premeniť na biolit, plak, bakterie, hidroksiapatit a mliečnu hydroxyapatit a mäkké ľanidu a lokálneho voľného dospúštaného kalcia a fosfátu.

**Dôležité:** Slinenie zvýšuje účinnosť CPP-ACP a prichut' napomáha stimulovať vylúčovanie sily. Čím dlhšie sa CPP-ACP a sliny udržia v ústach, tým je účinok väčší.

**Pasta na lokálnu aplikáciu s obsahom volne dostupného kalcia a fosfátu**

1. Poskytne zubom zvýšenosť ochrany.

2. Pomáha neutralizovať kyseliny z acidogenných baktérií v plaku.

3. Pomáha neutralizovať kyseliny z ostatných vnitromysk a vonkajších zdrojov kyselin.

**KONTRAINDIKAČIE**  
RECALDENT™ (CPP-ACP) je odporúčaný od mliečného kaseínu.

Nedoporučuje sa len v prípade, že pacient v s preukazanou alebo suspektnou alergiou na mliečny protein alebo precvitelinou, príp. alergiu na benzóatové konzervančné látky.

**NÁVOD NA POUŽITIE**

**INDIKÁCIE:**

a. Pred a po ambulantnom bieleni.

b. Po ultrazvukovom, rúčnom scalingu alebo ohľadeni povrchu koreňa (root planing).

c. Po odstránení v dôsledku zubov (P.T.C.).

d. Po lokálnej aplikácii fluoridu.

e. Na lokálnej pokrytie (coating) v pacientov trpiacich eróziou, kserostomio alebo Sjögrenovym syndromom.

f. V priebehu ortodontickej liečby.

g. Pre pacientov s vysokým rizikom zubného kazu.

h. Pre pacientov s osobními potrebnami.

**Nanos v ambulanci:**

1. Uporabite pred použitím dobrej odpláchnutie pod tečúcou vodou.

2. Do vodnej výšky vložte maločivo GC Tooth Mousse a nanesite na zgornej miestnej kaseíne.

3. Model postavte na mestu v ústach minimálno 3 minuty.

4. Odstráňte model.

5. Preostalo GC Tooth Mousse naj pacient z jezikom razprostre po ústach. Takto naj je zadržiť 1-2 minuty, pred pluvianou v počiatku. Dle časa kótu skôr ako vložiť do zuba.

6. Pacient naj močno izpljene, po možnosti brez spiranža.

GC Tooth Mousse, ktoré ostane na površine sa postopoma porazgubi. Po nanosej naj pacient je v pi je 30 min.

7. Počas odstávky, aby dočkali vysprávu a je ak to možné, nevylúčovať. Zvyšok GC Tooth Mousse na povrcho možno ponechať, aby sa postupne rozplýne. Informujete pacienta, že zo 30 min poti aplíkacií nemáte jin pit.

8. Ihned po použití treba zvýšky GC Tooth Mousse v nosiči odpláchnutie vysprávu kefkou pod tečúcou vodu.

**II. Použite bez nosiča:**

1. Ak je to potrebné, nadbytočné silny na povrcho zuba odstraňte vatyčom alebo tamponom. V kôdrom pripade NIE je potrebné zubu sa stlačením.

2. Nanesite GC Tooth Mousse na povrch zubu aplikáciom tamponom, voda alebo na ťažko pristupných miestach pomocou interproximálnej hrejky na čistenie zubov.

3. GC Tooth Mousse nechajte na zuboch najmenej 3 minút pôsobiť.

4. Instrukujte pacienta, aby zvyšok GC Tooth Mousse jazykom rozložil po celom zube, aby bol zameľaný až do poslednej záverky (1-2 minuty).

5. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať. Čím dlhšie sa GC Tooth Mousse a sliny zadržia v ústach, tým je účinok vyšší.

6. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať, aby sa postupne rozplýne. Zvyšok GC Tooth Mousse na povrcho možno ponechať, aby sa postupne rozplýne.

7. Ihned po použití treba zvýšky GC Tooth Mousse v nosiči odpláchnutie vysprávu kefkou pod tečúcou vodu.

**III. Použite bez nosiča:**

1. Ak je to potrebné, nadbytočné silny na povrcho zuba odstraňte vatyčom alebo tamponom. V kôdrom pripade NIE je potrebné zubu sa stlačením.

2. Nanesite GC Tooth Mousse na zubov površine vlastnou rukou.

3. Zvyšok GC Tooth Mousse jazykom rozložil po celom zube, aby bol zameľaný až do poslednej záverky (1-2 minuty).

4. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať. Čím dlhšie sa GC Tooth Mousse a sliny zadržia v ústach, tým je účinok vyšší.

5. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať, aby sa postupne rozplýne. Zvyšok GC Tooth Mousse na povrcho možno ponechať, aby sa postupne rozplýne.

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7. Ihned po použití treba zvýšky GC Tooth Mousse v nosiči odpláchnutie vysprávu kefkou pod tečúcou vodu.

**IV. Použite na novom vystrieni zubov podľa odporúčania zubného spoločenstva:**

1. Dostatočné množstvo GC Tooth Mousse - najmenej vo veľkosti hrášku na každú zúbku - naneste na hornej a dolnej zubnej Matriel treba aplikovať čistým suchym prstom alebo vatyčom. Na ťažko pristupných miestach pomocou interproximálnej hrejky na čistenie zubov.

2. GC Tooth Mousse nechajte na zuboch najmenej 3 minút pôsobiť.

3. Zvyšok GC Tooth Mousse jazykom rozložil po ústach a so rádžom (1-2 minuty), pritom nevylúčovať a nevprežávať. Čím dlhšie sa GC Tooth Mousse a sliny zadržia v ústach, tým je účinok vyšší.

4. Doplňte vysprávu a nevylúčovať. Čím dlhšie sa GC Tooth Mousse a sliny zadržia v ústach, tým je účinok vyšší.

5. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať, aby sa postupne rozplýne.

6. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať. Zvyšok GC Tooth Mousse na povrcho možno ponechať, aby sa postupne rozplýne.

7. Ihned po použití treba zvýšky GC Tooth Mousse v nosiči odpláchnutie vysprávu kefkou pod tečúcou vodu.

**V. Použite na novom vystrieni zubov podľa odporúčania zubného spoločenstva:**

1. Dostatočné množstvo GC Tooth Mousse - najmenej vo veľkosti hrášku na každú zúbku - naneste na hornej a dolnej zubnej Matriel treba aplikovať čistým suchym prstom alebo vatyčom. Na ťažko pristupných miestach pomocou interproximálnej hrejky na čistenie zubov.

2. GC Tooth Mousse nechajte na zuboch najmenej 3 minút pôsobiť.

3. Zvyšok GC Tooth Mousse jazykom rozložil po ústach a so rádžom (1-2 minuty), pritom nevylúčovať a nevprežávať. Čím dlhšie sa GC Tooth Mousse a sliny zadržia v ústach, tým je účinok vyšší.

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5. Počas odstávky pacienta, aby dočkali vysprávu a nevylúčovať, aby sa postupne rozplýne.

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7. Ihned po použití treba zvýšky GC Tooth Mousse v nosiči odpláchnutie vysprávu kefkou pod tečúcou vodu.

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2. GC Tooth Mousse nechajte na zuboch najmenej 3 minút pôsobiť.

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**GC Tooth Mousse**

Pred uporabu previðe preberite navodila za uporabo.

SL

Pre upotrebu pažljivo pročitate uputstvo.

SR

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

UK

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

TR

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

LV

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

LT

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

ET

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

EN

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

PO

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

RO

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

HU

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

CS

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

SK

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

HR

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

SI

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

NL

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

DE

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

IT

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

ES

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

PT

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

GR

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

EL

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

HU

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.

RO

Pre upotrebu pažljivo pročitate instrukciju o visečnosti.